

**2025 Auxilian of the Year
Over 100 Beds**



**Frank Fowler
North Arkansas Regional Medical Center
Harrison, Arkansas
Northwest District**

If dedication had a face, it would be Frank Fowler. At 94 years old, Frank is not just a volunteer. He is the heartbeat of the NARMC Auxiliary Thrift Store. He and his wife, Lavone, have been faithful volunteers for an incredible 17 years. Together, they have given generously of their time, energy, and compassion to a mission that benefits the hospital in very real and lasting ways. Their commitment speaks volumes, but Frank's day-to-day actions are what truly set him apart.

Frank is at the Thrift Store every single day, without fail. Even when the store is closed, he still shows up. He makes sure that donated items are brought inside and secured, protecting them from weather, theft, or loss. On Sundays, a day when many people rest, Frank makes three trips: once before church, once after, and again in the evening, simply to ensure that nothing is left outside unattended. This kind of dedication is rare, and Frank has modeled it consistently for nearly two decades.

He does this not because anyone asked him to, and certainly not for recognition. Frank understands that every single donation, every item sold, contributes directly to hospital equipment, services, and special projects that improve care for our patients. He takes the mission personally. His quiet vigilance is one of the reasons the Thrift Store continues to be successful year after year.

Frank is the kind of volunteer who leads by quite example. He does not seek the spotlight. He does not need a title. He simply shows up with humility, with consistency, and with an unwavering sense of purpose. His dedication reminds all of us what service truly looks like.

It is not just his years of service or his daily efforts that make Frank special. It is the heart behind it all. The love he has for his community, for this hospital, and for the work we do shines through in everything he does. He is not just helping run a store. He is protecting a mission. For his tireless service, remarkable integrity, and 17 years of heartfelt volunteerism alongside his wife Lavone, I am proud to nominate Frank Fowler as Auxilian of the Year. He is the spirit of our Thrift Store and without question a true treasure to the NARMC family.